

# HELPING HANDS



## WHAT WE DO:

Helping Hands distributes donated and purchased ...  
snacks, bus passes and personal items

– toiletries, socks, chap stick, dental items, deodorant.

We can give information and possibly referrals for health care, eye care and community resources.

Helping Hands operates on Monday and Wednesday of the first full work week of every month.

## Upcoming dates for Helping Hands:

**January 4 + 6**

**February 1 + 3**

**March 7 + 9**

**April 4 + 6**

**May 2 + 4**

**June 6 + 8**

**July 11 + 13**

**August 1 + 3**

**September 12 + 14**

**October 3 + 5**

**November 7 + 9**

**December 5 + 7**

